

“If you fail to plan, you plan to fail”



Successful study is all about planning your time. Follow the instructions below and at the end, you should have a study plan suited to you and your commitments, both in and out of school hours.

1. Follow these steps to complete your study plan. Use the template provided.
 - ONLY USE PENCIL!
 - Block out the time you normally have dinner each night
 - Block out any commitments you have on a regular basis, eg sport, music practice.
 - Block out any travel time (time it takes you to get to and from school)
 - Block out the time you normally work (if you have a job)
 - Block out the time you normally see your friends
 - Block out Facebook time (if you use it!) – 30 mins a night is plenty of time to see what you're friends are up to!
 - Block out your favourite TV shows

2. Any time left for study? If not, something will have to change. Some suggestions as to how to make changes....
 - Record your TV show 1 or 2 nights & watch it on the weekend.
 - Plan to do some study before school
 - Cut back on the time you spend with friends
 - Think about the number of hours you work – is it realistic?

3. Pencil in your study and homework commitments.
 - The recommended time for students is outlined on page 114 of the Student Diary
 - Split this time between homework and study (study is going over what you've already learnt)
 - It's also good to schedule half an hour to “teach your parents” what you learn each day. When you can teach someone something, it means your learning has been reinforced.

4. Colour code your study plan – colour all your study the same colour, your homework time the same colour, your sport time the same colour, your friends time the same colour etc.

5. Put it up somewhere that you'll see each day, e.g. on the fridge.

6. Try it for 10 days. If it's not working, figure out why not, make the changes and try again.

Study planner

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Before School						Morning	Morning
SCHOOL							
4.00							
4.30							
5.00						Afternoon	Afternoon
5.30							
6.00							
6.30							
7.00							
7.30						Evening	Evening
8.00							
8.30							
9.00							
9.30							
10.00							

- Have a 5 minute break every 30-45 minutes
- See page 114 of the diary for the recommended revision and study time for your year group